

# NorthShore University HealthSystem

## Department of Psychiatry

### Programs

On Call Crisis workers should refer patients to our programs by instructing them to call the Access Center at 847 570-2500, option 2. The exception to this is referrals to the Adolescent Partial Hospitalization Program which are made at 847 926-5874. Evaluation/Intake appointments for all programs are made during regular business hours Monday through Friday. There is usually a several day wait for evaluations except for the Adult Partial Hospitalization Program for which patients can be seen at 8:30 AM the day following the call to the Access Center.

### Adult Partial Hospitalization Programs

The psychiatric programs are located at Evanston Hospital and Highland Park Hospital.

Both programs serve adults of all ages but Highland Park's program has a specialized **Young Adult Treatment** track.

Both programs generally employ a group **Cognitive Behavioral Therapy** approach and both have **Dialectical Behavioral Therapy** tracks. Patients in the Partial Hospitalization Program receive **psychiatric evaluation** and follow up while in the PHP.

Partial Hospitalization Programs operate Monday through Friday 9:00am through 3:00pm.  
Intensive Outpatient Programs are fewer hours/days and worked out with PHP staff and patient.

Requirements: Age18 (and out of high school) and up  
No serious cognitive impairment  
Most private insurances, Medicare, Medicaid accepted

### Adolescent Partial Hospitalization Program

The psychiatric program is located at Highland Park Hospital.

The program employs a group **Cognitive Behavioral Therapy** approach. **Education Specialists** help patients keep up with their school studies. **Family treatment** is provided. Patients receive **psychiatric evaluation** and follow up while in the program.

Adolescent Partial Hospitalization Program operates Monday through Friday 8:30am through 3:00pm.

Requirements:  
Age 12 to 17 (18 if still in high school)  
Most private insurance accepted, no Medicaid

## **For patients who live in Evanston and need mental-health or social services:**

A descriptive, detailed list of social service agencies in Evanston can be found on the Evanston Public Library website. The list includes contact information for each agency. Use the web address below.

[http://www.epl.org/index.php?option=com\\_content&view=article&id=84&Itemid=124&orgscatid=120](http://www.epl.org/index.php?option=com_content&view=article&id=84&Itemid=124&orgscatid=120)

### **NorthShore University HealthSystem Department of Psychiatry Programs**

#### **Eating Disorders Unit**

The program was located at Highland Park Hospital but closed in mid 2013.

#### **Doreen E. Chapman Center**

This program for alcohol and substance abuse is located at Evanston Hospital.

The full time program meets five days a week and may include daily **outpatient detoxification** and monitoring. The intensive outpatient program meets 8 to 10 hours per week and is tailored to individual needs. The program uses **group and individual treatment** and incorporates the **AA 12 Step Model**.

Requirements:

- Age 18 (and out of high school) and up
- Most private insurances accepted, Medicare only for evaluation, no Medicaid

#### **Bridges Program**

This program is located in Evanston Hospital and has an outreach office at Evanston Township High School.

The program offers **psychiatric assessments, treatment** and **individual and family counseling** to children and adolescents. The target population is at risk children with limited resources and is funded in part by the Illinois Department of Health.

Requirements:

- Children up to age 17
- Primarily Medicaid, sliding scale
- Catchment area: Evanston, Rogers Park and the suburbs near Evanston

For Social-Service Agencies in Evanston & surrounding area, with detailed descriptions of each, visit this webpage:

[http://www.epl.org/index.php?option=com\\_content&view=article&id=84&Itemid=124&orgscatid=120](http://www.epl.org/index.php?option=com_content&view=article&id=84&Itemid=124&orgscatid=120)

## Counseling Centers

### Near north:

BRIDGES (for youth up to 18)  
Evanston Hospital: 2650 Ridge Ave  
847.570.2500

Behavioral Services Center  
Skokie  
(847) 673-8577

Center for Contextual Change  
for trauma survivors  
9239 Gross Point Rd, Skokie  
847.676.4447

The Family Institute at NW University  
618 Library Place, Evanston  
847.733.4300

JCFS Counseling Centers  
1156 W. Shure Dr, Arlington Heights  
847.392.8970  
3525 W Peterson Ave, Ste. 400, Chicago  
773.866.5035  
255 Revere Dr, Ste. 200, Northbrook  
847.412.4350  
5150 W. Golf Rd., Skokie  
847.568.5200

Metropolitan Family Services  
312.986.4000  
3249 North Central Ave, Chicago  
773.371.3700

### Chicago:

Alternatives, Inc  
4730 North Sheridan Road, Chicago IL 60640  
773.506.7474

C4  
773.769.0205  
C4 Clark

820 Davis St, Evanston  
847.425.7400  
5210 Main St. Skokie  
847.425.7400

Response Center  
teenage issues, service for teens and parents  
9304 Skokie Blvd, Skokie  
847.767.0078

Rice Child and Family Center  
For youth 8-15 w/ hx violence or abuse  
1101 Washington St, Evanston  
847-866-3800

St. Francis Hospital  
355 Ridge Ave, Evanston, IL 60202  
708.410.0615 (central intake)

Turning Point Behavioral Healthcare Center  
8324 Skokie Blvd., Skokie, IL 60077  
847.933.0051

Urban Balance  
2550 Crawford Ave, Evanston  
312-726-7170

Yellowbrick  
For youth  
1560 Sherman Ave, Evanston  
866.364.2300

C4 Broadway

4740 N. Clark St. Chicago, IL 60640  
773.769.0205

5710 N. Broadway St. Chicago, IL 60660  
773.728.1000

C4 North  
2542 W. North Ave Chicago, IL 60647  
773.365.7277

C4 Peterson  
2525 W. Peterson Ave, Chicago IL 60659  
773.506.2525

North Shore Pediatric Therapy  
1700 West Cortland Ave, Chicago  
877.486.4140

Rogers Park Child & Adolescent (CASP)  
1400 West Greenleaf Avenue, Chicago 60626  
773.508.6102

Triology Behavioral Healthcare  
Adult recovery treatment  
1400 W. Greenleaf Ave, Chicago  
773.508.6100

### **Suburbs:**

Bradley Counseling Center  
420 West Grand Avenue, Lake Villa  
847.356.3322

847-524-8800

Lake County Behavioral Health Center  
3012 Grand Ave, Waukegan, IL 60068  
847.377.8180

Children's Advocacy Center  
224 Revere Dr, Northbrook  
847.885.0100

Child and adolescent program: 847.377.8950

Compass Health Center  
60 Revere Dr, Northbrook  
224.306.1879

The Maine Center  
819 Busse Highway, Park Ridge, IL  
847.696.1570 x 311

Family Service Center  
992 ½ Green Bay Rd, Winnetka  
847.446.8060

McHenry Family Service and Mental Health  
Center  
5320 West Elm St, McHenry, IL 60050  
815.385.6400

Glencoe Family Services  
325 Hazel Avenue, Glencoe  
847.835.5111

North Shore Pediatric Therapy (can take HMO  
IL 284 insurance with referral)  
1308 Waukegan Rd, Glenview  
1442 Old Skokie Rd, Highland Park  
877.486.4140

Haven Youth and Family Counseling  
825 Green Bay Rd, Willmette  
847.251.6630

Josselyn Center  
405 Central Ave, Northfield, IL 60093  
847.441.5600

North Suburban Counseling  
1170 E. Belvidere Rd, Grayslake  
847.584.0492

Kenneth Young Center  
1001 Rohlwing Road, Elk Grove Village

Omni Youth Services  
1111 W. Lake Cook Road, Buffalo Grove  
847.353.1500

## Substance Abuse, Outpatient

Illinois AA groups: <http://www.theagapecenter.com/AAinUSA/Illinois.htm>

Illinois Al-Anon groups: <http://www.niafg.org/>

Illinois NA groups: <http://www.usrecovery.info/NA/Illinois.htm>

National Substance Abuse Hotline: 800.862.4357

Advocate Health Care  
Addiction Treatment Center  
701 Lee St., Des Plaines  
847.795.3100

Alexian Brothers  
1650 Moon Lake Blvd., Hoffman  
(800) 432-5005

Behavioral Services Center  
8707 Skokie Blvd., Skokie  
(847) 673-8577

Breaking Free  
Adolescents and adults, sliding scale  
800 W. 5<sup>th</sup> Ave., Naperville  
630.355.2585  
120 Gale St., Aurora  
630.897.1003

C4 Recovery Point  
Sliding scale  
4007 N. Broadway, Chicago  
773.305.1101

CarePoint  
113 Custer Ave. Evanston  
847.425.3606

Chicago Treatment and Counseling Center  
4453 N. Broadway, Chicago  
773.506.2900

Evanston Hospital's Chapman Center (no P.A.)  
2650 Ridge Ave, Evanston  
847.570.2500

Harborview Recovery Center

(in St. Joe's) 2900 N. Lake Shore Dr  
Chicago  
773.665.3370

Haymarket Center  
Various Chicago locations and Schaumburg  
312.226.7984

Hazelden  
867 N. Dearborn, Chicago  
312-943-3534

Healthcare Alternative Systems  
Various Chicago locations  
773-292-4242

Keys to Recovery at Holy Family Medical  
Center  
100 North River Road, Des Plaines  
847.298.9355

Lake County, ATP  
3002 Grand Avenue, Waukegan  
847.377.8200

Lutheran Social Services  
5517 N. Kenmore, Chicago  
773.275.7962

The Maine Center  
819 Busse Highway, Park Ridge, IL  
847.696.1570 x401

New Hope  
2451 N. Lincoln, Chicago  
773.883.3916

Nicasa  
1113 East Greenwood Ave, Waukegan

847.244.4434

Northern Illinois Council on Alcohol &  
Substance Abuse  
1724 1<sup>st</sup> Street, Highland Park  
847.433.1303

PEER Services – for adolescent and adult  
906 Davis Street, Evanston, IL 60201  
847.492.1778  
3633 W Lake Ave, Glenview  
847.657.7337

Renz Addiction Counseling Center (PADS)  
Two American Way, Elgin  
847.742.3545

Safe Haven  
Chicago locations

(312)372-3820

Salvation Army Harbor Light Center  
1515 W. Monroe, Chicago  
312.421.5753

SHARE, at Leyden Family Services  
1776 Moon Lake Boulevard, Hoffman Estates  
847.882.4181

St. Francis Hospital (yes Public Aid)  
355 Ridge Ave, Evanston, IL 60202  
708.410.0615 (central intake)

Zion Township CREW  
1015 - 27th St. Zion  
847.872.2830

## Substance Abuse, Inpatient

<http://findtreatment.samhsa.gov/>

Chicago Lakeshore Hospital (no Public Aid)  
4840 N. Marine Drive, Chicago  
773.878.9700

Gateway Foundation  
Chicago (multiple locations)  
773.770.4089  
Lake Villa  
25480 W. Cedarcrest Ln.  
847.505.0561

Harborview Recovery Center  
(in St. Joe's) 2900 N. Lake Shore Dr  
Chicago  
773.665.3371

Haymarket Center  
Various Chicago locations and Schaumburg  
312.226.7984  
(Merryville on Montrose in Chicago:  
773.334.4388)

Linden Oaks

801 South Washington St, Naperville  
630.305.5500

Northern Illinois Council on Alcohol and  
Substance Abuse  
3016 Grand Ave, Waukegan  
847.662.4124

Northwest Community Hospital (no Public Aid)  
901 West Kirchoff Road, Arlington Heights  
847.618.1000

Provena Mercy Medical Center (no Public Aid)  
1325 North Highland Avenue, Aurora, IL  
630.801.2656

Rosecrance, Harrison Campus  
1021 North Mulford Road, Rockford  
815-391-1000

Talbot Counseling Services  
2090 Larkin Street, Elgin  
Phone: (847) 622-8500 ext. 2

## Eating Disorder

Anorexia Nervosa & Assoc. Disorders  
Support groups, counseling  
Highland Park  
847.869.0539

Highland Park Hospital EDU

847.480.2617

No public aid, no medicare, 13+

Insight for Eating

312.540.9955

Skokie, Chicago, and western suburb

PHP and IOP

Inpatient: Alexian, Rogers Memorial, and maybe UIC

## Shelters

Can call 3-1-1 or DHS (312.744.8004) Or give cab voucher to nearest police station

### Near North

Connections for the Homeless: Hilda's Place  
1458 Chicago Avenue, Evanston  
847.424.0945

YWCA Shelter for Battered Women & Children  
Evanston, IL  
877.418.1868

### Chicago

Apna Ghar Shelter  
Domestic violence, primarily Asian women  
4753 N. Broadway,  
773.334.0173

Greenhouse Shelter  
Women and children  
NW side of Chicago  
773.278.4100 (hotline: 278.4566)

The Ark  
6450 N California Ave,  
773)973-1000

Heartland Human Care-Neon St Dorm  
For youth  
4506 N. Sheridan  
773) 433-1200

Breakthrough Urban Ministries  
Women: 3330 W. Carroll,  
773.722.0179  
Men: 402 N. St. Louis Ave  
773.346.1785

House of Good Shepherd  
Women and children  
North side, near Wrigleyville  
773.935.3434

Chicago House  
773.248.5200  
For individuals/families with HIV/AIDS

Interfaith House?

Lincoln Park Community Shelter  
600 W. Fullerton  
773.549.6111

Cornerstone Community Outreach  
For families and individuals  
Multiple locations  
773.506.6396

REST  
Men: 941 W. Lawrence  
Women: 1011 W. Wilson  
773.784.0909

### Suburbs

Catholic Charities  
847.782.4000  
671 S. Lewis Avenue, Waukegan

127 W Water St, Waukegan

Christian Outreach of Lutherans  
847.662.1340

Community Crisis Center, Inc.  
847.697.2380  
Elgin

Connection Resource Service, Inc.

847.689.4357  
3001 Green Bay Rd. Bldg 5, North Chicago

The Harbour  
For females 12-20  
847-297-8540  
1440 Renaissance Dr., Park Ridge

Hope in Christ Ministries  
618.241.9307  
1515 S. 14<sup>th</sup>, Mt. Vernon

Lake County Haven  
For women and children  
Libertyville  
847.680.5408

PADS Crisis Services  
847.689.4357 x122  
3001 Green Bay Rd, North Chicago  
847.608.9744  
1730 Berkley St, Elgin  
708.338.1724  
Oak Park

Safe Place  
Women and children  
847.249.4450  
Waukegan

Staben Center  
Transitional housing  
424 South Ave, Waukegan  
847.244.4900

## Bereavement

Alexian Brothers Grief Support  
Journey Through Grief  
Hoffman Estates & Elk Grove Village  
847.952.7376

Bereavement Services through NSUH  
4901 Searle Parkway, Skokie  
847.982.4364

Catholic Chariteis, The LOSS Program  
suicide  
651 W. Lake Street, Chicago  
312.655.7283

Center for Grief Recovery  
1263 W. Loyola, Chicago  
773.274.4600

Center for New Beginnings  
For youth  
Palos Park  
708.923.1116

Compassionate Friends  
After death of child/offspring  
4350 W Sunnyside Ave, Chicago  
773.384.5744  
19073 W Grass Lake Rd, Lindenhurst  
847.302.1876

Good Mourning/Rainbow Hospice  
For youth  
Park Ridge  
847.685.9900

GriefShare  
2500 Dowie Memorial Drive, Zion  
847.746.1411

Hospice NorthShore  
2821 Central St, Evanston  
847.467.7423

Midwest Palliative & Hospice CareCenter  
2050 Claire Court , Glenview  
847.467.7423

Rainbow  
For youth, through local school system  
847) 952-1770

Rainbow Hospice  
444 N Northwest Hwy, Park Ridge  
847.232.1513

Waukegan Township  
414 South Lewis Ave, Waukegan  
847.244.9242

Willow House  
For youth  
Lakeview neighborhood, Chicago  
847.236.9300  
3330 Dundee Rd, Northbrook  
847.205.5666

Internet Support Groups:  
<http://psychcentral.com/resources>  
[www.hopeseek.com](http://www.hopeseek.com)  
[www.griefnet.org](http://www.griefnet.org)

## **Support Groups and Hotlines**

Alzheimer's Assoc of Greater Chicago: Helpline: 847.933.2413

Codependency, list of meetings 312.609.3100

Family RescueHotline: 773-375-8400

Hopeline: hotline for those in danger of homelessness: 847.228.3463

Horizons: hotline for GLBTQ counseling: 773.871.2271

National Domestic Violence hotline: 800.799.SAFE (7233)

National Hopeline Network: national suicide hotline: 800.784.2433

National Runaway Switchboard: 800.621.4000

Obsessive Compulsive Anonymous  
773.774.3019

Parental Stress Services Hotline: 800.323.GROW (4769)

Parents Anonymous, abuse prevention  
Chicago  
312.424.6822

Parents of Newborns hotline: 847.234.6161

Pregnancy Crisis: 262.658.2555

## Adolescent PHPs

Hospital: Advocate Lutheran General  
Address: 1775 Dempster, Park Ridge 60068  
Phone: 847.723.6590  
Ages: 6-18, if still in HS; older and still in HS  
also accepted only 7 beds, usually for step-down from their own inpatient unit  
Insurance: yes, Public Aid for school-aged children  
Schedule: M-F 9-2:30 average stay 11 days  
Transportation offered: no help

Hospital: Alexian Brothers Behavioral Health  
Address: 1650 Moon Lake Dr, Hoffman Estates  
Phone: 847.432.5005  
Ages: 13-18, still in high school  
Insurance: yes Public Aid, under 21  
Schedule: M-F 8:45 to 2:45  
Transportation offered: no

Hospital: Chicago Lakeshore (IOP)  
Address: 4840 N. Marine Dr, Chicago  
Phone: 773.878.9700  
Ages: 13-17  
Insurance: yes Public Aid  
Schedule: M-F 3:30-6:30  
Transportation offered: some assistance with pick-up with from school

Hospital: Children's Memorial Hospital  
Address: 2300 N. Lincoln, Chicago  
Phone: 800.KIDSDOC  
Ages: 4-14 (12 beds)  
Insurance: yes Public Aid  
Schedule: M-F with parent participation on Friday  
Transportation offered: no

Hospital: Compass Heath Center  
Address: 60 Revere Dr, Northbrook  
Phone: 224-306-1879  
Ages: 12-18, still in high school  
Insurance: only taking BCBS  
Schedule: 9-3  
Transportation offered: no

Hospital: Hartgrove Hospital  
Address: 5730 W. Roosevelt Rd, Chicago  
Phone: 773.413.1720  
Ages: 6-17  
Insurance: yes Public Aid

Schedule: 8:00am -3:00pm  
Transportation offered: yes, pick-up service depending on location

Hospital: Highland Park  
Address: 777 Park Avenue  
Phone: 847.480.2892 (Marcela Bicoff)  
Ages: 12-18 or still in HS  
Insurance: NO PUBLIC AID  
Transportation offered: no

Hospital: Illinois Masonic (IOP)  
Address: 836 W. Wellington Chicago  
Intake: 773.296.3239  
Ages: 13-17 or in high school  
Insurance: Yes for Public Aid  
Schedule: MWF 4-6  
Transportation: yes, can arrange CTA fare for patients with Medicaid

Hospital: Northwest Community Hospital  
Address: 800 W. Central, Arlington Heights  
Phone: 847.618.4083  
Ages: 12-18 (HS status on an individual basis)  
Insurance: yes Public Aid  
Transportation offered: only if close to NW burbs

Hospital: Riveredge Hospital  
Address: 8311 W. Roosevelt, Forest Park  
Phone: 708.209.4181  
Ages: 4-17 (12-17 for IOP)  
Insurance: yes Public Aid; no FHN (a subplan under Medicaid)  
Schedule: M-F 9-3 (IOP 4-7pm M-Th)  
Transportation offered: yes, if they reside within 10 minutes of hospital

Hospital: Vista West  
Address: 2615 W. Washington, Waukegan  
Phone: 847.625.6032  
Ages: 12-17, but variable  
Insurance: yes Public Aid  
Schedule: IOP: adolescent skills program, 4 weeks MTW 4-8, parent TTh 4-8  
Transportation offered: yes, for Medicaid

Hospital: Streamwood Behavioral Health Center  
Address: 1400 E. Irving Park, Streamwood

Phone: 630.837.9000 x5241 or intake  
Ages: up to 17  
Insurance: yes, Public Aid free risk assessment  
Schedule: 9:00am to 4 or 5  
Transportation offered: if linked with outpatient  
services, sometimes can be linked  
through Medical Card

Hospital: Linden Oaks  
Address: 852 West St., Naperville  
Phone: 630.305.5000, choose "resource and  
referral option"  
Ages: 12-17  
Insurance: yes, Public Aid for under 21  
Schedule: 9-2:30 M-F  
Transportation offered: none

## **HIV/AIDS**

Anonymous testing  
Waukegan  
847.360.6891

CarePoint  
113 Custer Ave. Evanston  
847.425.3606

Catholic Charities  
Waukegan  
847.782.4000

Chicago House  
1925 N. Clybourn, Chicago  
773.248.5200

BE-HIV  
1740 Ridge Ave, Evanston  
773.764.5520

TPAN (Test Positive Awareness Network)  
5537 N Broadway St, Chicago  
(773) 989-9400

Illinois AIDS Hotline: 800.243.2437

National AIDS Line: 800.342.2437 Spanish: 800.344.7432

## **VICTIMS OF SEXUAL ASSAULT**

Rape Victims Advocates  
180 N. Michigan Ave, Chicago  
312.443.9603

Northwest Center Against Sexual Assault  
415 W. Gold Rd, Arlington Heights  
847.806.6526

Victim Witness  
1454 Elmwood Ave, Evanston  
847.866.5015

Chicago Rape Crisis Hotline: 888.293.2080  
National Sexual Assault Hotline: 800.656.HOPE

## **DEVELOPMENTAL DELAYS**

Shore Community Services  
4232 Dempster St, Skokie  
847.982.2030