

**The Jane R. Perlman Fellowship Program
Nurse Practitioner and Physician Assistant Fellowship in Emergency Medicine**

Topic (Module): Psych/Mental Health

Length: ____ weeks

Objective	Content	Methodology	Instructor	Time	Evaluation
1. Discuss the management of a patient with suicidal ideations and/or gestures 2. Discuss and manage the patient with an overdose 3. Discuss and manage the patient with selected mental health conditions	I. Selected psych conditions A. Substance (and alcohol) abuse, overdose 1. Diagnostics, toxidromes, reversal agents 2. Poison control center B. Control of the out of control patient 1. Pharmacologic, non-pharmacologic C. Suicidal ideation, attempt 1. Referrals, petitions & commitments, legal issues D. Anxiety, panic attack E. Depression, Paranoia F. Schizophrenia, Sociopathic behaviors G. Adolescent and young adults 1. Self injury 2. Eating disorders 3. Dating violence, bullying 4. Oppositional defiant disorder	Lecture Discussion Clinical experiences Poison center Simulation: De-escalation techniques	R. Norris, MD A. Ruiz, PA-C PharmD	1.5 hours	Direct observation Simulation evaluation
4. Discuss management of patients	II. Management of pain A. Drug seeking behavior 1. Use of Illinois Controlled Drug Registry	Lecture Discussion Clinical	PharmD	30 min	Direct observation Simulation

with drug seeking behavior 5. Discuss pharmacologic choices for pain control	2. Management options B. Chronic pain 1. Palliative care 2. Referrals 3. Pharmacologic choices	experiences			evaluation
6. Reflect upon identified ethical issues encountered in the ED with lessons learned for future practice	III. Ethics in the ED A. Resuscitation issues B. Family presence at resuscitation C. Spirituality, rituals D. Collaborative team environment E. Caring for prisoners F. Diversity, cultural awareness G. Resources	Lecture Discussion Clinical experiences	R. Norris, MD	30 min	Direct observation
7. Identify symptoms of grieving in self, staff, and families	IV. Grief in the ED A. Patient, family B. Staff, providers C. Self-care D. Resources	Lecture Discussion Clinical experiences		30 min	Direct observation

7/14/14