Pediatric/Adolescent Admission

1 POLICY:

The organization provides care for pediatric/adolescent patients at all the four hospital sites in the following locations:

Emergency Departments
- Evanston Hospital (EH)
- Glenbrook Hospital (GH)
- Highland Park Hospital (HPH)
- Skokie Hospital (SH)

GH
- 4 North and Intensive Care Unit (ICU)

HPH
- 2 South/Pediatrics, 4 North, ICU, Adolescent Psychiatric Unit and LDRP

EH
- 3 North, ICU, ISCU, Labor and Delivery and Women’s Services

SH
- 5 Surgical, ICU and 4 Knox

2 SCOPE:

Care providers, physicians, Allied Health Practitioners providing care for pediatric patients.

3 DEFINITIONS:

Pediatric: – Days of age to 12 years
Adolescent: – Greater than 12 years to 18 years

4 PROCEDURE:

A. Glenbrook Hospital

Admission and treatment of Pediatric/Adolescent patients occurs in the following departments:

1. Emergency Department
   - Treats all age groups. ED physician consults with Pediatrician/PCP/surgeon for patients that require admission.

2. Surgical Patients
   - Elective Surgical Care of Children (less than age 14) at Glenbrook - any out-patient procedure that can be done safely on a child in a surgi-center setting with an expected same day discharge. If admission is required, a transfer to Highland Park, Evanston, or other facility as appropriate will be necessary. All complicated surgical cases (such as asthma, sleep apnea, obesity or diabetes mellitus) will be done on the Evanston campus.

   - Emergency Surgical Care of Children (less than age 14) – any acute procedure that cannot be safely transferred to another hospital and for which both appropriate and immediately available surgical and anesthesia care can be provided at Glenbrook Hospital. Following the emergent procedure, transfer to Highland Park, Evanston, or other facility as appropriate may occur as soon as safety allows and is in the best interest of the patient.

   - Elective Surgical Care of Adolescents (age 14-17) – any procedure that can be done safely on an adolescent in a surgi-center setting with an expected same day discharge. If admission is required, overnight (<24 hour) admissions that meets Glenbrook admission criteria (Refer to attached Glenbrook Adolescent Criteria) the patient can be admitted to Glenbrook Hospital 4 North. If a longer admission is anticipated, the patient will be transferred to Highland Park, Evanston or other facility as appropriate. All complicated surgical cases (such as asthma, sleep apnea, obesity, or diabetes mellitus) will be done on the Evanston campus.
Action

- **Emergency Surgical Care of Adolescents (age 14-17)** – any acute injury that cannot be safely transferred to another hospital and for which both appropriate and immediately available surgical and anesthesia care can be provided at Glenbrook Hospital on 4 North. If <24 hour admission is required that otherwise meets Glenbrook admission criteria (Refer to attached Glenbrook Adolescent Criteria) based upon patient age – the patient can be hospitalized at Glenbrook Hospital. If a longer admission is anticipated – the patient will be transferred when safe to Highland Park, Evanston, or other appropriate facility.

Family Practice Resident can be consulted as needed. If there are any questions related to appropriateness of admission, the Glenbrook Hospital Chief of Surgery or designee will be consulted.

3. **ICU**
   Admits patients 18 years of age and older at the discretion of the Intensivist, and Surgeon. Patients are managed by the Intensivist and or the surgeon. Emergency Intensive Care of Patients less than the age of 18-any patient with an acute illness that cannot be safely transferred to another hospital and for which both appropriate and immediately available intensive care can be provided at Glenbrook Hospital. Transfer may occur as soon as safety allows and in the best interest of the patient.

4. **Medical inpatients** – 3 North, 3 South & 3 East.
   Admit 18 years and older.

   Refer to Glenbrook Adolescent Criteria, Attachment A.

B. **Highland Park Hospital**

Admission and treatment of Pediatric/Adolescent patients occurs in the following departments:

1. **Emergency Department**
   Treats all age groups. ED physician consults with Pediatrician/PCP/Pediatric Hospitalist for patients that require admission. Patients in need of pediatric care are admitted to 2 South/Pediatrics, 4 North, ICU, or Adolescent Psychiatry as appropriate. Patients may also be transferred to another specialty unit at another hospital based on the patient’s clinical needs.

2. **2 South/Pediatrics**
   In addition to adults, this unit admits pediatric/adolescent patients days of age to 18 years of age. Pediatric/adolescent patients are managed by the Pediatrician/PCP and/or the Pediatric Hospitalists.

3. **4 North**
   Admits adolescent patients 12 years of age and older. Adolescent patients are managed by the Pediatrician/PCP and/or Pediatric Hospitalist.

4. **ICU**
   Admits adolescent patients 12 years of age or older and at least 50KG at the discretion of the Pediatrician/PCP and/or the Pediatric Hospitalists.

5. **Adolescent Psychiatric Unit**
   Admits patients 12 through 24 years of age at the discretion of the Psychiatrist and the Clinical Nurse Manager (or designee of Patient Care Administration) following their consultation and approval. Patients are managed by the admitting service.

6. **LDRP**
   Admits pregnant patients. Patients are managed by the admitting service.
C. **Evanston Hospital**  
Admission and treatment of Pediatric/Adolescent patients occurs in the following departments:

1. **Emergency Department**  
   Treats all age groups. ED physician consults with Pediatrician/PCP for patients that require Admission. Patients in need of pediatric care are admitted to 3 North, ICU, or ISCU as appropriate. Patients may also be transferred to another specialty unit at another hospital based on the patient’s clinical needs.

2. 3 North  
Admits patients days of age to 18 years of age. Young adults are admitted per Pediatrician decision. Patients are managed by the Pediatric Resident/Hospitalist in collaboration with the Pediatrician/PCP.

3. **Intensive Care Unit**  
   - Admits patients over 18 years of age at the discretion of Intensive Care Service, and the Clinical Nurse Manager (or designee of Patient Care Administration) following their consultation and approval.
   - **Emergency Intensive Care**: Emergency Intensive Care of any patient under the age of 18 with an acute illness that cannot be safely transferred to another hospital and for which both appropriate and immediately available intensive care can be provided at Evanston Hospital. Transfer may occur as soon as the patient is able to be safely transferred in the best interest of the patient.
   - **Trauma patients**: Admissions and transfers to the Evanston Hospital ICU will be compliant with State of Illinois Rules and Regulations governing Level I Trauma Centers regarding care and treatment of critically injured patients such that those age 15 and older will be appropriately admitted based upon the institutional capabilities of Evanston Hospital’s Trauma Service. This rule is specific to trauma patients and not intended to replace the previously outlined Evanston Hospital ICU admission policy.

4. **ISCU**  
Admits patients days of age to 1 year of age at the discretion of the Neonatologist and the Clinical Nurse Manager (or designee of Patient Care Administration) following their consultation and approval. Patients are managed by Neonatology.

5. **Labor and Delivery and Women’s Services**  
Admits pregnant patients. Patients are managed by the admitting service.

D. **Skokie Hospital**  

1. **Emergency Department**  
   Treats all age groups. ED physician consults with Pediatrician/PCP/surgeon for patients who require admission.

2. **Surgical Patients**  
   - **Elective Surgical Care of Children (less than age 14) at Skokie** – any out-patient procedure that can be done safely on a child in a surgicenter setting with an expected same day discharge. Refer to Skokie Pediatric/Adolescent Criteria. (Attachment B). If admission is required, a transfer to Highland Park, Evanston, or other facility as appropriate will be necessary. All complicated surgical cases (such as asthma, sleep apnea, obesity or diabetes mellitus) will be done on the Evanston campus.
   - **Emergency Surgical Care of Children (less than age 14)** – any acute procedure that cannot be safely transferred to another hospital and for which both appropriate and immediately available surgical and anesthesia care can be provided at Skokie Hospital. Following the emergent procedure, transfer to Highland Park, Evanston, or other facility as appropriate may occur as soon as safety allows and is in the best interest of the patient.
   - **Elective Surgical Care of Adolescents (age 14-17)** – any procedure that can be done safely on an adolescent in a surgicenter setting with an expected same day discharge. Refer to Skokie Pediatric/Adolescent Criteria. (Attachment B). If admission is required, overnight (<24 hour) the patient can be admitted to Skokie Hospital 5 Surgical. If a longer admission is anticipated, the patient will be transferred to Highland Park, Evanston or other facility as appropriate. All complicated surgical cases (such as asthma, sleep apnea, obesity, or diabetes mellitus) will be done on the Evanston campus.
Action

- **Emergency Surgical Care of Adolescents (age 14-17)** – any acute injury that cannot be safely transferred to another hospital and for which both appropriate and immediately available surgical and anesthesia care can be provided at Skokie Hospital. If <24 hour admission is required, the patient can be hospitalized at Skokie Hospital, 5 Surgical. If a longer admission is anticipated – the patient will be transferred when safe to Highland Park, Evanston, or other appropriate facility. If there are any questions related to appropriateness of admission, the Skokie Hospital Vice Chair of Surgery or designee will be consulted.

3. **ICU**
   Admits patients 18 years of age and older at the discretion of the Intensivist, and Surgeon. Patients are managed by the Intensivist and or the surgeon.

4. **Medical inpatients** – Admit 18 years and older

5. **Surgical inpatients** – Admit 18 years and older

6. **Psychiatric Unit** – Admit 18 years of age or older, patients 12-17 may be transferred to Highland Park Hospital
   Refer to Skokie Pediatric/Adolescent Criteria, Attachment B.

5  **ATTACHMENT:**

   Glenbrook Adolescent Criteria  
   Skokie Pediatric/Adolescent Criteria

6  **DISTRIBUTION:**

   Clinical Practice Manual

7  **POLICY RESPONSIBILITY**

   Senior Vice President, Hospitals and Clinics

    **In Coordination With:**
    Behavioral Services
    Department of Medicine
    Department of Obstetrics
    Department of Pediatrics
    Department of Surgery
    Head, Division of Emergency Medicine
    Patient Care Services

8  **REFERENCES:**

   **Internal**
   Department Plan of Care of Each Unit
   HPH – ICU Patient Admission Age Limit Criteria
   HPH – ICU Operating Policy
   EH – ICU Operating Policy
   EH – ISCU Admission and Discharge Criteria
   Transfer of Patient to Other Acute Care Facilities – COBRA/EMTALA, CP-5012

   **External**
   None
9  **REVISION:**

The organization reserves the right to unilaterally revise, modify, review, or alter the terms and conditions of the policy within the constraints of law, with or without reasonable notice.

10  **APPROVAL:**

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<th>Date</th>
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<tbody>
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<td>Joseph Szokol, MD</td>
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11  **DATES:**

Origination: 03/05  Last Review: 9/09  Next Review: 9/12